Benefits that may help cover costs such as those not covered by your medical plan.



Accident Insurance Benefits

With MetLife, you'll have that provides payments regardless of any other insurance payments you may receive¹. Here are just some of the covered events/services².

Benefit Type Plan Benefits Accidental Injury Benefits \$200 – \$15,000 depending on the fracture and type of repair Dislocation Benefit* \$200 – \$15,000 depending on the dislocation and type of repair Second or Third Degree Burn Benefit \$150 – \$15,000 depending on the degree of the burn and the percentage of burnt skin Concussion Benefit \$600 Coma Benefit \$20,000		
Fracture Benefit* \$200 – \$15,000 depending on the fracture and type of repair Dislocation Benefit* \$200 – \$15,000 depending on the dislocation and type of repair \$200 – \$15,000 depending on the dislocation and type of repair \$150 – \$15,000 depending on the degree of the burn and the percentage of burnt skin Concussion Benefit \$600		
Dislocation Benefit* \$200 - \$15,000 depending on the dislocation and type of repair Second or Third Degree Burn Benefit \$150 - \$15,000 depending on the degree of the burn and the percentage of burnt skin Concussion Benefit \$600		
Second or Third Degree Burn Benefit \$150 - \$15,000 depending on the degree of the burn and the percentage of burnt skin Concussion Benefit \$600		
burn and the percentage of burnt skin Concussion Benefit \$600		
Coma Benefit \$20,000		
Laceration Benefit \$100 – \$800 depending on the length of the cut and type of repair		
Broken Tooth Benefit Crown: \$400 Filling: \$200 Extraction: \$200		
Eye Injury Benefit \$400		
Accident - Medical Services & Treatment Benefits		
Ambulance Benefit Ground: \$500 Air: \$1,500		
Emergency Care Benefit \$150 – \$400 depending on location of care		
Non-Emergency Initial Care Benefit \$150		
Physician Follow-Up Visit Benefit \$200		
Therapy Services Benefit		
(including physical therapy) \$75-\$100 depending on the type of service		
Medical Testing Benefit \$400		
Medical Appliance Benefit \$250 – \$1,500 depending on the appliance		
Transportation Benefit \$500		
Pain Management Benefit \$150		



(for epidural anesthesia)		
	One device: \$1,000	
Prosthetic Device Benefit	More than one device: \$2,000	
Modification Benefit	\$2,000	
Blood/Plasma/Platelets Benefit	\$600	
Surgical Repair Benefit	\$300 – \$3,000 depending on the type of surgery	
Exploratory Surgery Benefit	\$300	
Other Outpatient Surgery Benefit	\$500	
General Anesthesia Benefit	\$200	
Hospital Benefits		
Admission Benefit	\$1,500 for the day of admission	
ICU Supplemental Admission Benefit	\$1,500 for the day of admission	
Confinement Benefit	****	
(paid for up to 365 days per accident)	\$300 per day	
ICU Supplemental Confinement Benefit	\$300 per day	
(paid for up to 365 days per accident)	+ F-9. mm)	
Inpatient Rehabilitation Benefit	\$300 per day	
(paid for up to 30 days per accident)		
Paralysis		
Paralysis	\$50,000 – \$100,000 depending on the number of limbs	
Other Benefits		
Health Screening Benefit* -	\$75	
benefit provided for certain screening/prevention tests	Paid 1 time per calendar year	
Lodging Benefit* - for a companion of a covered person who is hospitalized	\$200 per day	
Waiver of Premium Benefit – if you become disabled, premiums will be waived if requirements for waiver are met	Not Included	

Organized Sports Activity Injury Benefit Rider

This coverage includes an Organized Sports Activity Benefit Rider. The rider increases the amount payable under the Certificate for certain benefits by 25% for injuries resulting from an accident that occurred while participating as a player in an organized sports activity. The rider sets forth terms, conditions and limitations, including the covered persons to whom the rider applies.



* Notes Regarding Certain Benefits

- Fracture and Dislocation benefits Chip fractures are paid at 25% of the applicable fracture benefit and partial dislocations are paid at 25% of the applicable dislocation benefit.
- In certain states, the Health Screening Benefit is provided by MetLife Consumer Services as a separate service and is not part of the insurance coverage. This does not impact the Health Screening Benefit's availability, cost, or the way in which the service is accessed. The covered health screenings are: Routine health check-up exam (annual physical exam), biopsies for cancer, blood chemistry panel, blood test to determine total cholesterol, blood test to determine triglycerides, bone marrow testing, breast MRI, breast ultrasound, breast sonogram, cancer antigen 15-3 blood test for breast cancer (CA 15-3), cancer antigen 125 blood test for ovarian cancer (CA 125), carcinoembryonic antigen blood test for colon cancer (CEA), carotid doppler, complete blood count (CBC), chest x-rays, clinical testicular exam, colonoscopy, coronavirus testing, dental exam , digital rectal exam (DRE), Doppler screening for cancer, Doppler screening for peripheral vascular disease, Echocardiogram, electrocardiogram (EKG), electroencephalogram (EEG), endoscopy, eye exam, fasting blood glucose test, fasting plasma glucose test, flexible sigmoidoscopy, hearing test, hemoccult stool specimen, hemoglobin A1C, human papillomavirus (HPV) vaccination, immunization, lipid panel, mammogram, oral cancer screening, pap smears or thin prep pap test, prostate-specific antigen (PSA) test, serum cholesterol test to determine LDL and HDL levels, serum protein electrophoresis, skin cancer biopsy, skin cancer screening, skin exam, stress test on bicycle or treadmill, successful completion of smoking cessation program, tests for sexually transmitted infections (STIs), thermography, two hour post-load plasma glucose test, ultrasounds for cancer detection, ultrasound screening of the abdominal aorta for abdominal aortic aneurysms and virtual colonoscopy.
- Lodging Benefit The lodging must be at least 50 miles from the insured's primary residence.

Benefit Payment Example

Kathy's daughter, Molly, was riding her bike to school. On her way there she fell to the ground, was knocked unconscious, and was taken to the local emergency room (ER) by ambulance for treatment. The ER doctor diagnosed a concussion and a broken tooth. He ordered a CT scan to check for facial fractures too, since Molly's face was very swollen. Molly was released to her primary care physician for follow-up treatment, and her dentist repaired her broken tooth with a crown. Depending on her health insurance, Kathy's out-of-pocket costs could run into hundreds of dollars to cover expenses like insurance co-payments and deductibles. MetLife Group Accident Insurance payments can be used to help cover these unexpected costs.

Covered Event ³	Benefit Amount
Ambulance (ground)	\$500
Emergency Care	\$400
Physician Follow-Up (\$200 x 2)	\$400
Medical Testing	\$400
Concussion	\$600
Broken Tooth (repaired by crown)	\$400
Benefits paid by MetLife Group Accident Insurance	\$2,700

Benefit amount is based on a sample MetLife plan design. Actual plan design and benefits may vary.

Questions & Answers

- Q. Who is eligible to enroll for this accident coverage?
- **A.** You are eligible to enroll yourself and your eligible family members!⁴ You need to enroll during your Enrollment Period and to be actively at work for your coverage to be effective.
- Q. How do I pay for my accident coverage?
- A. Premiums will be paid through payroll deduction, so you don't have to worry about writing a check or missing a payment.
- Q. What happens if my employment status changes? Can I take my coverage with me?
- A. Yes, you can take your coverage with you.⁵ You will need to continue to pay your premiums to keep your coverage in force. Your coverage will only end if you stop paying your premium or if your employer offers you similar coverage with a different insurance carrier.
- Q. Who do I call for assistance?
- A. Contact a MetLife Customer Service Representative at 1 800- GET-MET8 (1-800-438-6388), Monday through Friday from 8:00 a.m. to 8:00 p.m., EST. Or visit our website: mybenefits.metlife.com.



- ¹ Covered services/treatments must be the result of a covered accident or sickness as defined in the group policy/certificate. See your Disclosure Statement or Outline of Coverage/Disclosure Document for full details.
- ² Availability of benefits varies by state. See your Disclosure Statement or Outline of Coverage/Disclosure Document for state variations.
- ³ Benefits and amounts are based on sample MetLife plan design. Plan design and plan benefits may vary.
- ⁴ Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents to be covered are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage. Additional restrictions may apply to dependents serving in the armed forces or living overseas. Children may be covered to age 26. There are benefit reductions that may begin at age 65.
- ¹⁵ Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.]

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.

