

Healthcare from the break room, living room or anywhere else

Start using your
Teladoc Health
benefits.



Your care options with Primary360 include:

Primary Care

Manage your overall health—body and mind—with a U.S. board-certified primary doctor and care team of nurses and medical assistants.

\$0 annual checkup
Other Primary360 visits are \$0 per visit.

General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get a same-day appointment with a certified clinician from wherever you are.

\$0/visit

Mental Health

Have real conversations and see progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.

Therapist \$0/visit
Psychiatrist \$0/first visit
Psychiatrist \$0/ongoing visits

Expert Medical Opinion

Need a second opinion? Get assurance and advice on a diagnosis, treatment or surgery from leading experts in over 450 specialties.

No cost

Dermatology

Start an online skin review with a dermatologist by uploading images and details of your concern. Get a treatment plan and prescription if needed in 24 hours or less.


\$0/online review

Nutrition

Work with a registered dietitian to get personalized help with meal planning, healthy eating tips or even managing a condition like diabetes or high blood pressure.

\$0/visit

Schedule a visit today and get peace of mind

Visit [Teladoc.com](https://www.teladoc.com) | Call 1-800-TELADOC (800-835-2362) | Download the app  | 